

September-17

Monday		Tuesday		Wednesday		Thursday		Friday	
								1	Pizza Oven-Roasted Herb Chicken All-American Hamburgers Shredded Chicken Flautas Smokehouse BBQ Chicken Maccaroni & Cheese COLD - 2 - 3 - 6-7-9-11-20-22
4	LABOR DAY NO SCHOOL	5	Chicken Tenders Five-Cheese Ravioli Vegetarian Potstickers Potato Skins Hot Dog Maccaroni & Cheese COLD - 1 - 2 - 4-6-7-8-13-15-20	6	Pan-Seared PotStickers All-American Cheeseburger Sukhi's Tandoori Chicken Three Cheese Pizza Pocket Teriyaki Chicken Rice Bowl Maccaroni & Cheese COLD - 2 - 4 - 6-7-10-12-20	7	Chicken Tenders Cheese Enchiladas Carnitas Burrito Spaghetti with Meat Sauce Dynomite Bagel Dog Maccaroni & Cheese COLD - 2 - 4 - 5-6-7-8-17-19-20	8	Pizza Oven-Roasted Herb Chicken All-American Hamburgers Shredded Chicken Flautas Smokehouse BBQ Chicken Maccaroni & Cheese COLD - 2 - 3 - 6-7-9-11-20-22
11	Pizza Beef & Broccoli Bowl BBQ Chicken Sandwich Bean & Cheese Burrito Tikka Masala Maccaroni & Cheese COLD - 2 - 6 - 7-9-11-12-16-20	12	Chicken Tenders Five-Cheese Ravioli Vegetarian Potstickers Potato Skins Hot Dog Maccaroni & Cheese COLD - 1 - 2 - 4-6-7-8-13-15-20	13	Pan-Seared PotStickers All-American Cheeseburger Sukhi's Tandoori Chicken Three Cheese Pizza Pocket Teriyaki Chicken Rice Bowl Maccaroni & Cheese COLD - 2 - 4 - 6-7-10-12-20	14	Chicken Tenders Enchiladas w/Green Sauce Carnitas Burrito Spaghetti & Meatballs Dynomite Bagel Dog Maccaroni & Cheese COLD - 2 - 4 - 5-6-7-8-17-19-20	15	Pizza Oven-Roasted Herb Chicken All-American Hamburgers Shredded Chicken Flautas Smokehouse BBQ Chicken Maccaroni & Cheese COLD - 2 - 3 - 6-7-9-11-20-22
18	Pizza Korean Beef Bowl BBQ Chicken Sandwich Egg & Cheese Burrito Tikka Masala Maccaroni & Cheese COLD - 2 - 6 - 7-9-11-12-16-20	19	Chicken Tenders Five-Cheese Ravioli Vegetarian Potstickers Potato Skins Hot Dog Maccaroni & Cheese COLD - 1 - 2 - 4-6-7-8-13-15-20	20	Pan-Seared PotStickers All-American Cheeseburger Sukhi's Tandoori Chicken Three Cheese Pizza Pocket Teriyaki Chicken Rice Bowl Maccaroni & Cheese COLD - 2 - 4 - 6-7-10-12-20	21	Chicken Tenders Cheese Enchiladas Carnitas Burrito Spaghetti with Meat Sauce Dynomite Bagel Dog Maccaroni & Cheese COLD - 2 - 4 - 5-6-7-8-17-19-20	22	Pizza Oven-Roasted Herb Chicken All-American Hamburgers Shredded Chicken Flautas Smokehouse BBQ Chicken Maccaroni & Cheese COLD - 2 - 3 - 6-7-9-14-20-22
25	Pizza Beef & Broccoli Bowl BBQ Chicken Sandwich Bean & Cheese Burrito Tikka Masala Maccaroni & Cheese COLD - 2 - 6 - 7-9-11-12-16-20	26	Chicken Tenders Five-Cheese Ravioli Vegetarian Potstickers Potato Skins Hot Dog Maccaroni & Cheese COLD - 1 - 2 - 4-6-7-8-13-15-20	27	Pan-Seared PotStickers All-American Cheeseburger Sukhi's Tandoori Chicken Three Cheese Pizza Pocket Teriyaki Chicken Rice Bowl Maccaroni & Cheese COLD - 2 - 4 - 6-7-10-12-20	28	Chicken Tenders Enchiladas w/Green Sauce Carnitas Burrito Spaghetti & Meatballs Dynomite Bagel Dog Maccaroni & Cheese COLD - 2 - 4 - 5-6-7-8-17-19-20	29	Pizza Oven-Roasted Herb Chicken All-American Hamburgers Shredded Chicken Flautas Smokehouse BBQ Chicken Maccaroni & Cheese COLD - 2 - 3 - 6-7-9-14-20-22

Please circle one preferred meal for each day and use legend on back for Cold meal codes. Cross out days when meals are not needed.

COLD OPTIONS				
1 Vegetarian Cobb Salad	6 Classic Turkey Sandwich	11 Cucumber Sushi Roll	16 BBQ Chicken Wrap	21 Caprese Sandwich
2 Chicken Caesar Salad	7 Sunbutter & Jelly Sammie	12 Yogurt Parfait	17 BBQ Chicken Salad	22 Tuna Salad Sammie
3 Chicken Caesar Wrap	8 Bagel & Cream Cheese	13 Ham and Cheese Hoagie	18 Kale and Apple Salad	23 Asian Chicken Salad
4 Brown Rice California Roll	9 Taco Salad	14 Avocado Sushi Roll	19 Yogurt & Muffin	24 Baby Spinach & Chicken Salad
5 Cheese & Cracker Plate	10 Italian Sub Sandwich	15 Hummus and Pita	20 Deli Turkey Sandwich	

September

For families not on the Free and Reduced lunch program, please order online at <http://www.lunchisserved.com>.

Menu changes will take effect in most cases two school days after receipt of this paperwork.

Student Name: _____

Phone: _____

School: _____

Grade: _____

Total Enclosed: _____

Check Number: _____

Make check payable to Ross Valley School District.

Reduced lunches are 40¢ each and must have an application on file.

Send completed form to your school office or:

*** Please turn in by the last week of each month

Ross Valley School District
110 Shaw Drive
San Anselmo, CA 94960

Questions? Contact Jennifer Wright at 415-451-4074, food@rossvalleyschools.org, or fax 415-454-6840. This institution is an equal opportunity provider.