

# November-17

| Monday |                                                                                                                                                 | Tuesday |                                                                                                                                                                 | Wednesday |                                                                                                                                                                                                   | Thursday |                                                                                                                                                              | Friday |                                                                                                                                                                           |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|        |                                                                                                                                                 |         |                                                                                                                                                                 | 1         | Pan-Seared Potstickers<br>Teriyaki Chicken Rice Bowl<br>All-American Cheeseburger<br>Three Cheese Pizza Pocket<br>Suhki's Tandoori Chicken<br>Maccaroni & Cheese<br>COLD - 2 - 4 - 6 - 7-10-12-20 | 2        | Chicken Tenders<br>Carnitas Burrito<br>Spaghetti with Meat Sauce<br>Dynomite Bagel Dog<br>Maccaroni & Cheese<br>COLD - 2 - 4 - 5 - 6<br>7 - 8 - 17 - 19 - 20 | 3      | Pizza<br>Oven-Roasted Herb Chicken<br>All-American Hamburger<br>Shredded Chicken Flautas<br>Smokehouse BBQ Chicken<br>Maccaroni & Cheese<br>COLD - 2 - 3 - 6-7-9-11-20-22 |
| 6      | Pizza<br>Potato Skins<br>Teriyaki Chicken Rice Bowl<br>Bean & Cheese Burrito<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6 - 7<br>12 - 16 - 20 - 24 | 7       | Five-Cheese Ravioli<br>Gluten-Free Chicken Strips<br>Chicken Tenders<br>Sweedish Meatballs<br>Maccaroni & Cheese<br>COLD - 1 - 2 - 3 - 5<br>6 - 7 - 8 - 19 - 20 | 8         | Pan-Seared Potstickers<br>Cheese Enchiladas<br>All-American Cheeseburger<br>Pepperoni Pizza Pocket<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6<br>7 - 12 - 16 - 20                                  | 9        | Vegetarian Potstickers<br>Shepherd's Pie<br>Thanksgiving Dinner Plate<br>Hot Dog<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6 - 7<br>8 - 10 - 17 - 19 - 20      | 10     | Veterans Day                                                                                                                                                              |
| 13     | Pizza<br>Potato Skins<br>Spicy Chicken Sandwich<br>Egg & Cheese Burrito<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6 - 7<br>12 - 16 - 20 - 24      | 14      | Lasagna Roll-Ups<br>Gluten-Free Chicken Strips<br>Chicken Tenders<br>Maccaroni & Cheese<br><br>COLD - 1 - 2 - 3 - 5<br>6 - 7 - 8 - 19 - 20                      | 15        | Pan-Seared Potstickers<br>Cheese Enchiladas<br>All-American Cheeseburger<br>Dynomite Bagel Dog<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6<br>7 - 12 - 16 - 20                                      | 16       | Shepherd's Pie<br>Three Cheese Pizza Pocket<br>Spaghetti with Meat Sauce<br>Hot Dog<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6 - 7<br>8 - 10 - 17 - 19 - 20   | 17     | Pizza<br>Carnitas Burrito<br>Shredded Chicken Flautas<br>Smokehouse BBQ Chicken<br>Maccaroni & Cheese<br>COLD - 2 - 3 - 5 - 6<br>7 - 9 - 15 - 20                          |
| 20     | Thanksgiving Break                                                                                                                              | 21      | Thanksgiving Break                                                                                                                                              | 22        | Thanksgiving Break                                                                                                                                                                                | 23       | Thanksgiving Break                                                                                                                                           | 24     | Thanksgiving Break                                                                                                                                                        |
| 27     | Pizza<br>Potato Skins<br>Spicy Chicken Sandwich<br>Egg & Cheese Burrito<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6 - 7<br>12 - 16 - 20 - 24      | 28      | Lasagna Roll-Ups<br>Gluten-Free Chicken Strips<br>Chicken Tenders<br>Maccaroni & Cheese<br><br>COLD - 1 - 2 - 3 - 5<br>6 - 7 - 8 - 19 - 20                      | 29        | Pan-Seared Potstickers<br>Cheese Enchiladas<br>All-American Cheeseburger<br>Dynomite Bagel Dog<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6<br>7 - 12 - 16 - 20                                      | 30       | Shepherd's Pie<br>Three Cheese Pizza Pocket<br>Spaghetti with Meat Sauce<br>Hot Dog<br>Maccaroni & Cheese<br>COLD - 2 - 5 - 6 - 7<br>8 - 10 - 17 - 19 - 20   |        |                                                                                                                                                                           |

Please circle one preferred meal for each day and use legend on back for Cold meal codes. Cross out days when meals are not needed.

**COLD OPTIONS**

|                              |                            |                          |                         |                           |
|------------------------------|----------------------------|--------------------------|-------------------------|---------------------------|
| 1 Vegetarian Cobb Salad      | 6 Classic Turkey Sandwich  | 11 Cucumber Sushi Roll   | 16 BBQ Chicken Wrap     | 21 Caprese Sandwich       |
| 2 Chicken Caesar Salad       | 7 Sunbutter & Jelly Sammie | 12 Yogurt Parfait        | 17 BBQ Chicken Salad    | 22 Tuna Salad Sammie      |
| 3 Chicken Caesar Wrap        | 8 Bagel & Cream Cheese     | 13 Ham and Cheese Hoagie | 18 Kale and Apple Salad | 23 Asian Chicken Salad    |
| 4 Brown Rice California Roll | 9 Taco Salad               | 14 Avocado Sushi Roll    | 19 Yogurt & Muffin      | 24 Baby Spinach & Chicken |
| 5 Cheese & Cracker Plate     | 10 Italian Sub Sandwich    | 15 Hummus and Pita       | 20 Deli Turkey Sandwich | Salad                     |

# November

For families not on the Free and Reduced lunch program, please order online at <http://www.choicelunch.com>.

Menu changes will take effect in most cases two school days after receipt of this paperwork.

Student Name: \_\_\_\_\_

Phone: \_\_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

Check Number: \_\_\_\_\_

Make check payable to Ross Valley School District.

Reduced lunches are 40¢ each and must have an application on file.

Send completed form to your school office or:

\*\*\* Please turn in by the last week of each month

**Ross Valley School District**  
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Questions? Contact Jennifer Wright at 415-451-4074, [food@rossvalleyschools.org](mailto:food@rossvalleyschools.org), or fax 415-454-6840. This institution is an equal opportunity provider.